

# Women • at • Mid-Life Health, Natural Hormones & Beyond

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## HORMONE EDUCATION EVENING WITH Jane Kennedy, NP, MN, MPH

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*Combining 25 years of holistic clinical practice with her own personal experience, Jane has developed a unique approach to help you create:*

- **Improved quality of life**
- **Increased energy and vitality**
- **Enhanced sex life**
- **Healthy aging**
- **Balance of body, mind, and spirit**
- **Emotional stability during menopause**

*Jane's expertise brings a valuable locally-based resource in the field on Bio-Identical Hormones and mid-life medical care to women in Sonoma County*

Bring your questions and join Jane Kennedy  
for an informative evening

**Thursday, Sept 9**

**Wednesday, Oct 6**

**Thursday, Nov 11**

• **7-9 pm**

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at the Gordon Medical Office • 3471 Regional Parkway • Santa Rosa

**Cost: \$20** [your registration fee will be applied to your next visit with Jane!]

**Please RSVP to reserve a space • 707-575-5180**

For more information on Jane Kennedy, NP visit

[http://gordonmedical.com/jane\\_kennedy.html](http://gordonmedical.com/jane_kennedy.html)



**Jane Kennedy,**

*holistic Board-Certified Nurse Practitioner specializing in hormones and mid-life health, is part of the integrative medicine team at Gordon Medical Associates.*